



Fall Prevention Workshop

Due to the nature of Parkinson's Disease, falls are a fairly common occurrence mainly due to instability with the posture and impaired gait. Falls and freezing of gait are the two most common interconnected phenomena associated with patients of Parkinson's disease. The risk of injury is evident in PWP and this diminishes the quality of life, and the survival rate of patients. Understanding the dangers associated with frequent falls and minimizing it is of utmost importance.

If you are interested in learning how to minimize the risks of falling, attend this workshop where strategies will be presented to reduce the chance of taking a tumble.

The Regency Senior Living Community

24441 Calle Sonora

Laguna Woods, CA 92637 - 949-830-9057

Saturday, September 21, 2019, 9:00-11:30 a.m.

Refreshments served 9-9:30, before presentation begins



Featuring Claire McLean, PT, DPT, NCS

Claire is founder of the Rogue Physical Therapy and Wellness, Inc. Program for People with Parkinson's Disease which offers wellness classes, individual wellness assessments, consultations, & educational programming

Seating is limited so call to register:

Sam Torres, PhD, PAOC President at

Samtorres@sbcglobal.net or 714-744-8024