

September, 2022

Can you spare two minutes to help end Parkinson's disease?

From the Michael J. Fox Foundation:

"On July 28, 2022, the U.S. House of Representatives introduced the [first-ever legislation solely devoted to ending Parkinson's disease](#). *The National Plan to End Parkinson's Act* (H.R.8585) will go through the traditional congressional process and will need to be voted on by the House. In case you haven't yet, [send an email asking your Representative to show their support by becoming a co-sponsor](#)."

From Lauren at PD Buzz:

This legislation is historic for the Parkinson's community and is the result of much work by the advocacy group at the Fox Foundation. [The letter is already written for you](#). It only takes a couple of minutes to add your information, personalize it and hit the send button. I am urging you all to help this pass by letting your representatives know this is important to you. Please share this information with friends and family and ask them to do the same. I know we all want to find better treatments and a cure for Parkinson's but it isn't going to happen without our participation. If you need help sending your letter, please don't hesitate to contact me at info@pdbuzz.com.

Lauren Simmons



Don't go it alone...

Together is
a wonderful place
to be.

CLICK TO FIND A
SUPPORT GROUP
MEETING THIS MONTH

Facing a Parkinson's diagnosis alone is difficult for the person getting the diagnosis and for their family members. Whether you are newly diagnosed, have had PD for years, young onset, a care partner, or speak another language, there is a place for you. There are over 20 support group meetings happening across the county this month. [Check them out at pdbuzz.com/events](#).

September Highlights

PARKINSON'S SUPPORT GROUP

FIRST & THIRD THURSDAY
OF EACH MONTH
11:00 AM
BELMONT VILLAGE SENIOR LIVING
305 FREEDOM LANE
ALISO VIEJO, CA 92656

Aliso Viejo Support Group

1st and 3rd Thursday
of each month
11:00 am
Belmont Village Senior
Living

[Click for details](#)

Huntington Beach

The Huntington Beach group held its first meeting last month with great attendance. This month they will have a guest speaker from On The Mend, a medical equipment company.

CLICK FOR MORE
DETAILS



Parkinson's Support Group

Every second Tuesday of the month

September 13, 2022

11:00 AM



New Group!

Parkinson's
Support Group

Newport

2nd Wednesday of each
month at 4:00 pm

[click for details](#)



Saddleback Lake Forest

Sept. 14th at 2:00 pm

Guest Speaker:

Rebekah Torres

MSN, FNP-BC

Rebekah is a Nurse
Practitioner in Dr. Martinez's
office.

[Click for more details](#)

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SHAKE

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NEW SONG

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free concert

featuring

The Orange County

Tremble Clefs

&

Moonlighting

Barbershop Quartet

Celebrating the

Orange County

Tremble Clefs

New Non-Profit

Status

Sunday, September 18, 2022 @ 3:30 p.m.

This concert is FREE – your tax deductible donation is appreciated.

Laguna Country United Methodist Church

24442 Moulton Pkwy, Laguna Woods, CA 92637

~Refreshments following the concert~

New Location!

Click for all of the Rx
Ballroom Dance locations



Laguna
Woods

SEPTEMBER
28TH

ON ZOOM

DR. KEN
MARTINEZ

CLICK FOR
MORE
DETAILS



Educational Zoom Presentation
**COGNITIVE CARE
SOLUTIONS
PRESENTS:**
Cognitive Changes with
Parkinson's Disease and the
Causes, Symptoms and
Interventions

Speaker:

Kenneth Martinez, MD

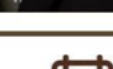
Movement Disorder Program Medical Director

South Coast Health Center Neurology and

Pain Specialty Center

September 28 2022

12:00 PM - 1:00 PM PST



September
28th, 2022



Zoom Meeting ID:

892.9875.0319

Password: 152207



12:00 PM - 1:00

PM (PST)

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PD Buzz is honored to be
partnering with the Parkinson's
Wellness Fund. Your support will
help improve the lives of
individuals living with Parkinson's,
today. The Meyrow Foundation
d.b.a. The Parkinson's Wellness
Fund is a CA non-profit tax
exempt 501c3 EIN : 27-1196792

DONATE

Events

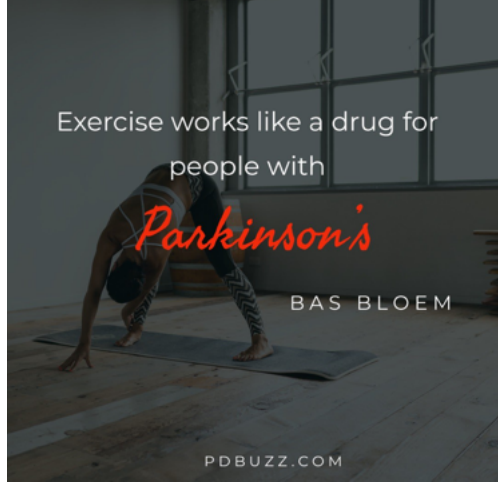


We are fortunate in
Orange County to have
many support groups,
social groups and events.
Stay up to date and stay
connected.

VISIT OUR CALENDAR

We are people with Parkinson's helping people with Parkinson's

Follow us on instagram for the latest info!



THE INFORMATION PROVIDED IS FOR EDUCATIONAL PURPOSES ONLY. PLEASE SEEK THE ADVICE OF A MEDICAL PROFESSIONAL FOR ANY QUESTIONS YOU MAY HAVE.